# SAFETY MANAGEMENT MAINTENANCE COUNCILS (Junch and Jearn)

# **December 13, 2018**

## **About our presenter:**



Bart Reynoso is a National Safety Council Certified Instructor. Reynoso retired from the Omaha Fire Department where he served the community for 25 years. He has been a certified EMT for over 27 years. Reynoso began his career

as a firefighter and ended as a Battalion Chief. He has first-hand experiences that he shares with his students.

This presentation covers the very basic steps anyone can take in an emergency, and can be used as a guide when giving first aid orientations.

- 1. Recognizing an Emergency
- 2. Deciding to Act
- 3. Calling 9-1-1
- 4. Preventing Further Injury
- 5. Checking the Victim
- 6. Providing Life-Saving Care
  - CPR
  - Breathing Problems
  - Controlling Bleeding

# First Responder 101 with Bart Reynoso

Thursday, December 13 Embassy Suites, La Vista

### **Details**

Reservations required by noon, Tuesday, December 11.

\$25 members \$30 non-members

**check-in** 11:30 a.m. lunch & program Noon - 1:00 p.m.

Register by emailing April Tilden,

### atilden@nebtrucking.com

please provide your credit card information or billing information, (members only)

Reservations not cancelled by December 11 will be billed. If you are unable to attend, you're welcome to send someone in your place.

### MARK YOUR CALENDAR

Upcoming Safety Management & Maintenance Councils joint sessions:

### **January 14-15**

2019 SMC Safety Summit, Embassy Suites - LaVista

### February 14

SMC Lunch & Learn, Lincoln

### March 14

SMC Lunch & Learn, Lincoln

### **April TBA**

DOT Level 1, TBA

### May 9

Scale Checks, Waverly